



STATE CAPITOL  
P.O. BOX 942849  
SACRAMENTO, CA 94249-0124  
(916) 319-2800  
FAX (916) 319-2810

Assembly  
California Legislature  
Committee on Rules  
RICHARD S. GORDON  
CHAIR

Wednesday, August 27, 2014  
9:50 AM  
State Capitol, Room 3162

CONSENT AGENDA

**Resolutions**

1. ACR 172 (Beth Gaines..) Relative to Diabetes Awareness Month. [Page 2](#)
2. SCR 135 (Evans) Relative to National Massage Therapy Awareness Week. [Page 7](#)

VICE CHAIR  
SCOTT WILK  
MEMBERS  
CHERYL R. BROWN  
ROCKY J. CHÁVEZ  
MATTHEW M. DABABNEH  
LORENA GONZALEZ  
CURT HAGMAN  
ADRIN NAZARIAN  
BILL QUIRK  
SEBASTIAN RIDLEY-THOMAS  
MARIE WALDRON

FRANK BIGELOW (R-ALT.)  
KEN COOLEY (D-ALT.)

**Assembly Concurrent Resolution**

**No. 172**

---

---

**Introduced by Assembly Member Beth Gaines**

August 7, 2014

---

---

Assembly Concurrent Resolution No. 172—Relative to Diabetes Awareness Month.

LEGISLATIVE COUNSEL'S DIGEST

ACR 172, as introduced, Beth Gaines. Diabetes Awareness Month. This measure would declare November 2014 as Diabetes Awareness Month.

Fiscal committee: no.

1 WHEREAS, With more than 25 million Americans living with  
2 a diabetes diagnosis, and many more going undiagnosed, diabetes  
3 affects people across our country and remains a pressing national  
4 health concern; and

5 WHEREAS, Nearly 3 million Californians have diabetes,  
6 meaning that more than 1 out of 10 adult Californians has diabetes;  
7 and

8 WHEREAS, From 1998 to 2007, the prevalence of diagnosed  
9 diabetes rose from 5.5 percent to 7.6 percent, representing a  
10 38-percent increase in one decade; and

11 WHEREAS, California has the greatest number of people in the  
12 United States who are newly diagnosed with diabetes; and

13 WHEREAS, In 2007, about 7.9 million or 29 percent of adults  
14 in California, or nearly one in three, had prediabetes, a condition  
15 that often precedes type II diabetes; and

1 WHEREAS, Prevalence of gestational diabetes, diabetes that  
2 occurs in the context of pregnancy, has increased 60 percent in  
3 California in just seven years, from 3.3 percent of hospital  
4 deliveries in 1998, to 5.3 percent in 2005; and

5 WHEREAS, Small studies suggest a consistent increase in  
6 diabetes among children and youth; and

7 WHEREAS, California's ethnically diverse population has a  
8 higher risk and prevalence of type II diabetes; and

9 WHEREAS, Individuals with type II diabetes often do not  
10 exhibit symptoms; and

11 WHEREAS, Diabetes is a chronic disease for which there is no  
12 known cure, and is the sixth leading cause of death in the United  
13 States; and

14 WHEREAS, The serious long-term complications of high blood  
15 sugar levels may include blindness, lower-extremity amputation,  
16 heart disease, kidney failure, and premature death; and

17 WHEREAS, The keys to reducing the incidence of, and  
18 complications associated with, diabetes are education, early  
19 detection, control, and proper treatment; and

20 WHEREAS, The earlier a person is diagnosed with diabetes  
21 and receives treatment, the better the person's chances are for  
22 avoiding diabetes complications; and

23 WHEREAS, The first line of treatment recommended by all  
24 treatment standards is diet and exercise, because a healthy diet and  
25 the loss of excess weight can have a positive impact on the body's  
26 ability to fight off disease; and

27 WHEREAS, It has been shown that modest weight loss may  
28 help to lower blood sugar, blood pressure, and improve the level  
29 of fats in the bloodstream, and may be beneficial to the treatment  
30 of diabetes and other metabolic diseases; and

31 WHEREAS, Traditionally, those at highest risk for diabetes  
32 included older, overweight citizens who had a history of diabetes  
33 in their families. However, in recent years there has been an  
34 alarming increase in the growing number of younger individuals  
35 who are being diagnosed with diabetes, which is attributed to  
36 lifestyle and excessive body mass; and

37 WHEREAS, Total health care and related costs for the treatment  
38 of diabetes in California alone is about \$24.5 billion each year;  
39 and

1 WHEREAS, Diabetes in California represents a significant and  
2 growing economic drain for families, employers, and communities,  
3 especially during these difficult economic times; and

4 WHEREAS, President Barack Obama has proclaimed November  
5 2013 as National Diabetes Month; now, therefore, be it

6 *Resolved by the Senate of the State of California, the Assembly*  
7 *thereof concurring*, That the Legislature declares November 2014  
8 as Diabetes Awareness Month; and be it further

9 *Resolved*, That individuals are encouraged to seek early  
10 screening and early treatment to reduce the rate of diabetes and its  
11 complications among high-risk populations; and be it further

12 *Resolved*, That health care workers are encouraged to improve  
13 care for the control of diabetes and the treatment of major  
14 complications; and be it further

15 *Resolved*, That health care providers are encouraged, as they  
16 detect and treat the emerging diabetes epidemic, to engage in an  
17 aggressive program with their patients that includes a treatment  
18 regimen that meets and exceeds minimum treatment guidelines,  
19 as well as measurements of body weight and other associated risk  
20 factors; and be it further

21 *Resolved*, That the Secretary of the Senate transmit copies of  
22 this resolution to the California Medical Association, the State  
23 Department of Health Care Services, and to the author for  
24 distribution.

O

Date of Hearing: August 27, 2014

ASSEMBLY COMMITTEE ON RULES

Richard S. Gordon, Chair

ACR 172 (Gaines) – As Introduced: August 7, 2014

SUBJECT: Diabetes Awareness Month.

SUMMARY: Declares November 2014 as Diabetes Awareness Month. Specifically, this resolution makes the following legislative findings:

- 1) Diabetes is a chronic disease for which there is no known cure and affects more than 25 million Americans across our country and with many more going undiagnosed; diabetes remains a pressing national health concern.
- 2) Nearly 3 million Californians have diabetes, that means more than 1 out of every 10 Californians has diabetes; and, from 1998 to 2007, the prevalence of diagnosed diabetes rose from 5.5 percent to 7.6 percent.
- 3) In 2007, approximately 7.9 million adults in California, or nearly one in three, had prediabetes, a condition that often precedes type II diabetes.
- 4) The key to reducing incidence of, or complications associated with diabetes, is early detection, control, and proper treatment which include healthy diet and exercise. Traditionally, those at highest risk for diabetes included older, overweight citizens who had a history of diabetes in their families; however, in recent years there has been an alarming increase in the growing number of younger individuals being diagnosed with diabetes due to lifestyle and excessive body mass.
- 5) It is estimated that total health care and related costs for the treatment of diabetes in California alone is around \$ 24.5 billion each year.

FISCAL EFFECT: None

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

Analysis Prepared by: Nicole Willis / RLS. / (916) 319-2800

**Introduced by Senator Evans**

July 3, 2014

---

---

Senate Concurrent Resolution No. 135—Relative to National Massage Therapy Awareness Week in California.

LEGISLATIVE COUNSEL'S DIGEST

SCR 135, as amended, Evans. National Massage Therapy Awareness Week.

This measure would proclaim the week of October 19, 2014, to October 25, 2014, inclusive, as National Massage Therapy Awareness Week in California.

Fiscal committee: no.

- 1     WHEREAS, Massage therapy is beneficial to overall health and  
2     is increasingly part of integrated health care; and  
3     WHEREAS, Consumers are spending in excess of \$12 billion  
4     to \$17 billion annually on massage therapy, and more insurance  
5     companies are covering it; and  
6     WHEREAS, Therapeutic massage can benefit people of all ages;  
7     and  
8     WHEREAS, A growing body of clinical research shows that  
9     massage therapy is beneficial for a wide variety of health issues,  
10    including stress, high blood pressure, fibromyalgia, arthritis, back  
11    pain, muscle injury and soreness, headaches, and maintaining good  
12    health; and  
13    *WHEREAS, California regulates the massage therapy profession*  
14    *and massage therapists must meet the legal requirements to*

1 *practice, which may include minimum hours of initial training and*  
2 *passing an examination in order to ensure patient safety; and*

3 WHEREAS, ~~The American Massage Therapy Association~~  
4 ~~(AMTA), a 56,000-member professional association for massage~~  
5 ~~therapists, provides~~ *Massage therapists consistently provide*  
6 consumer and professional education information on massage and  
7 ~~helps help~~ consumers and health professionals locate qualified  
8 massage therapists in their area; now, therefore, be it

9 *Resolved by the Senate of the State of California, the Assembly*  
10 *thereof concurring,* That the Legislature proclaims the week of  
11 October 19, 2014, to October 25, 2014, inclusive, as National  
12 Massage Therapy Awareness Week in California; and be it further

13 *Resolved,* That the Secretary of the Senate transmit copies of  
14 this resolution to the author for appropriate distribution.

O



Date of Hearing: August 27, 2014

ASSEMBLY COMMITTEE ON RULES

Richard S. Gordon, Chair

SCR 135 (Evans) – As Amended: August 22, 2014

SENATE VOTE: 36-0

SUBJECT: National Massage Therapy Awareness Week in California.

SUMMARY: Proclaims the week of October 19, 2014, to October 25, 2014, inclusive, as National Therapy Awareness Week in California. Specifically, this resolution makes the following legislative findings:

- 1) Massage therapy is beneficial to overall health and is increasingly part of integrated health care with consumers spending in excess of \$13 billion annually on massage therapy, and more insurance companies covering it.
- 2) Clinical research shows that massage therapy is beneficial for a wide variety of health issues, including stress, high blood pressure, fibromyalgia, arthritis, back pain, muscle injury and soreness, headaches, and health maintenance.
- 3) Massage therapists consistently provide consumer and professional education information on massage and help consumers and health professionals locate qualified massage therapists in their area.

FISCAL EFFECT: None

REGISTERED SUPPORT / OPPOSITION:

Support

None on file

Opposition

None on file

Analysis Prepared by: Nicole Willis / RLS. / (916) 319-2800