



**STATE CAPITOL**  
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**Assembly  
California Legislature  
Committee on Rules**

**KEN COOLEY  
CHAIR**

**VICE CHAIR**  
CUNNINGHAM, JORDAN

**MEMBERS**  
CARRILLO, WENDY  
DIEP, TYLER  
FLORA, HEATH  
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KAMLAGER-DOVE, SYDNEY  
QUIRK-SILVA, SHARON  
RAMOS, JAMES C.  
RIVAS, ROBERT  
WICKS, BUFFY

LEVINE, MARC (D-ALT)  
MATHIS, DEVON J. (R-ALT)

Monday, January 28, 2019  
10 minutes prior to Session  
State Capitol, Room 3162

**CONSENT AGENDA**

**BILL REFERRALS**

1. Consent Bill Referrals

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**RESOLUTIONS**

2. ACR-15 (Chen) California Fitness Week.
3. ACR-16 (Chiu) Lunar New Year celebration.
4. HR-9 (Smith) Wear Red Day. (refer/hear)

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BUFFY WICKS

MARC LEVINE (D-ALT.)  
DEVON J. MATHIS (R-ALT.)

# Memo

**To:** Rules Committee Members  
**From:** Michael Erke, Bill Referral Consultant  
**Date:** 1/25/19  
**Re:** Consent Bill Referrals

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Since you received your preliminary list of bill referrals, there have been no changes.

REFERRAL OF BILLS TO COMMITTEE

01/28/2019

Pursuant to the Assembly Rules, the following bills were referred to committee:

Assembly Bill No.	Committee:
<u>ACR 1</u>	HUM. S.
<u>ACR 2</u>	RLS.
<u>ACR 4</u>	TRANS.
<u>ACR 5</u>	RLS.
<u>ACR 8</u>	ED.
<u>ACR 11</u>	RLS.
<u>ACR 14</u>	HIGHER ED.
<u>AJR 2</u>	HIGHER ED.
<u>AJR 3</u>	RLS.
<u>AJR 4</u>	PUB. S.
<u>HR 9</u>	RLS.

**Assembly Concurrent Resolution**

**No. 15**

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**Introduced by Assembly Members Chen and Gipson  
(Coauthor: Assembly Member Flora)**

January 22, 2019

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Assembly Concurrent Resolution No. 15—Relative to California Fitness Week.

LEGISLATIVE COUNSEL’S DIGEST

ACR 15, as introduced, Chen. California Fitness Week.

This measure would proclaim the week of February 3 to February 9, 2019, as California Fitness Week, and would encourage all Californians to enrich their lives through proper nutrition and exercise.

Fiscal committee: no.

1 WHEREAS, Exercise and fitness activities can increase  
2 self-esteem, boost energy, strengthen the heart and muscles, and  
3 burn calories; and

4 WHEREAS, Exercise and fitness activities are excellent ways  
5 to relieve stress, lower the risk of heart disease and diabetes,  
6 prevent bone loss, and decrease the risk of some cancers; and

7 WHEREAS, A person’s fitness level has a dramatic effect on  
8 the body’s ability to produce energy and to reduce fat; and

9 WHEREAS, There is no age limit for physical activity. Among  
10 the elderly, exercise provides cardiovascular, respiratory,  
11 neuromuscular, metabolic, and mental health benefits; and

12 WHEREAS, Improving one’s physical and mental strength is  
13 never a weakness. Fitness activities have been shown to sharpen  
14 mental ability in all people, and to slow the aging process; and

1 WHEREAS, Maximizing one’s energy level, increasing muscle  
2 mass, and reducing body fat increases one’s chances of living a  
3 longer, healthier life; and

4 WHEREAS, While California ranks 47th among states in adult  
5 obesity, its rate is currently 25 percent, up from 18.7 percent in  
6 2000 and from 9.9 percent in 1990; and

7 WHEREAS, The State Department of Education reports that a  
8 majority of California’s children are not physically fit; and

9 WHEREAS, A recent survey by the federal Centers for Disease  
10 Control and Prevention identified that 71 percent of high school  
11 students in California do not get eight hours or more of sleep each  
12 night; and

13 WHEREAS, The federal Centers for Disease Control and  
14 Prevention also reports that almost two-thirds of all youth in the  
15 United States consume at least one sugar sweetened beverage per  
16 day; and

17 WHEREAS, It is important to educate youth and adults of the  
18 harmful effects of improper nutrition and inactivity. It is equally  
19 important to show them how to reverse those negative effects and  
20 to live healthier lives; and

21 WHEREAS, The Legislature seeks to advance the physical  
22 fitness of all Californians by educating them about the benefits of  
23 exercise, rest, and proper nutrition; and

24 *Resolved by the Assembly of the State of California, the Senate*  
25 *thereof concurring*, That the Legislature hereby proclaims the  
26 week of February 3 to February 9, 2019, as California Fitness  
27 Week, and encourages all Californians to enrich their lives through  
28 proper nutrition and exercise; and be it further

29 *Resolved*, The Legislature will increase public awareness about  
30 the benefits of exercise and physical fitness by encouraging its  
31 Members to host events in their districts that stimulate physical  
32 fitness and increase participation by Californians in activities that  
33 promote physical health and benefit both mental and physical  
34 well-being; and be it further

35 *Resolved*, The Legislature encourages its Members, as well as  
36 organizations, businesses, and individuals, to sponsor and attend  
37 physical fitness events that are both effective and fun, inspiring  
38 Californians to become physically fit and to maintain such fitness;  
39 and be it further

- 1     *Resolved*, The Legislature encourages retailers and restaurants
- 2     to provide healthier and cost-effective choices to consumers; and
- 3     be it further
- 4     *Resolved*, That the Chief Clerk of the Assembly transmit copies
- 5     of this resolution to the author for appropriate distribution.

O

Date of Hearing: January 28, 2019

ASSEMBLY COMMITTEE ON RULES  
Ken Cooley, Chair  
ACR 15 (Chen) – As Introduced January 22, 2019

**SUBJECT:** California Fitness Week.

**SUMMARY:** Proclaims the week of February 3 to February 9, 2019, as California Fitness Week, and encourages all Californians to enrich their lives through proper nutrition and exercise. Specifically, **this resolution** makes the following legislative findings:

- 1) While California ranks 47th among states in adult obesity, its rate is currently 25 percent, up from 18.7 percent in 2000 and from 9.9 percent in 1990.
- 2) The State Department of Education reports that a majority of California's children are not physically fit. The Centers for Disease Control and Prevention also reports that almost two-thirds of all youth in the United States consume at least one sugar-sweetened beverage a day.
- 3) It is important to educate youth and adults of the harmful effects of improper nutrition and inactivity; and, it is equally important to show them how to reverse those negative effects and to live healthier lives.
- 4) Exercise and fitness activities can increase self-esteem, boost energy, strengthen the heart and muscles, and burn calories. They are also excellent ways to reduce stress, lower the risk of heart disease and diabetes, prevent bone loss, and decrease the risk of some cancers.
- 5) There is no age limit for physical activity. For the elderly, exercise provides cardiovascular, respiratory, neuromuscular, metabolic, and mental health benefits.
- 6) The Legislature encourages its Members, as well as organizations, businesses, and individuals, to sponsor and attend physical fitness events that are both effective and fun, stimulate physical fitness, increase participation in activities that promote physical health and mental well-being, and inspire Californians to become physically fit and maintain that fitness.

**FISCAL EFFECT:** None

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

**Analysis Prepared by:** Nicole Willis / RLS. / (916) 319-2800

**Assembly Concurrent Resolution**

**No. 16**

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**Introduced by Assembly Member Chiu**

**(Principal coauthors: Assembly Members Bonta, Chau, Chen, Choi, Chu, Diep, Fong, Gloria, Kalra, Low, Muratsuchi, Nazarian, and Ting)**

(Principal coauthors: Senators Chang and Pan)

January 23, 2019

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Assembly Concurrent Resolution No. 16—Relative to the Lunar New Year celebration.

LEGISLATIVE COUNSEL'S DIGEST

ACR 16, as introduced, Chiu. Lunar New Year celebration.  
This measure would recognize the Lunar New Year celebration.  
Fiscal committee: no.

- 1 WHEREAS, February 5, 2019, marks the beginning of the Lunar  
2 New Year, which is celebrated in many Asian communities around  
3 the world, including the United States, and especially California;  
4 and  
5 WHEREAS, California is home to nearly six million Asian and  
6 Pacific Islander Americans of Bangladeshi, Cambodian, Chinese,  
7 Filipino, Hmong, Indian, Indonesian, IuMien, Japanese, Korean,  
8 Laotian, Malaysian, Pakistani, Sri Lankan, Taiwanese, and  
9 Vietnamese descent; and  
10 WHEREAS, The Asian and Pacific Islander American  
11 community has contributed to the social, cultural, civic, economic,  
12 and academic success of the state; and

1 WHEREAS, The Lunar New Year is predominantly celebrated  
2 by over 2.5 million Chinese, Korean, and Vietnamese residents of  
3 California; and

4 WHEREAS, This Lunar New Year is the Year of the Pig and  
5 is universally celebrated by these communities as a time to renew  
6 family ties and start the new year with a clean slate; and

7 WHEREAS, The celebration of the Lunar New Year in  
8 communities throughout California illustrates the state’s rich  
9 cultural history and commitment to racial, religious, and cultural  
10 diversity; now, therefore, be it

11 *Resolved by the Assembly of the State of California, the Senate*  
12 *thereof concurring*, That the Legislature joins Asian and Pacific  
13 Islander communities throughout the state in celebrating February  
14 5, 2019, as the beginning of the Lunar New Year, the Year of the  
15 Pig, and extends best wishes for a peaceful and prosperous Lunar  
16 New Year to all Californians; and be it further

17 *Resolved*, That the Chief Clerk of the Assembly transmit copies  
18 of this resolution to the author for appropriate distribution.

O

Date of Hearing: January 28, 2019

ASSEMBLY COMMITTEE ON RULES  
Ken Cooley, Chair  
ACR 16 (Chiu) – As Introduced January 23, 2019

**SUBJECT:** Lunar New Year celebration.

**SUMMARY:** Recognizes February 5, 2019, as the beginning of the Lunar New Year and extends best wishes for a peaceful and prosperous Lunar New Year to all Californians. Specifically, **this resolution** makes the following legislative findings:

- 1) February 5, 2019, marks the beginning of the Lunar New Year, which is celebrated in many Asian communities around the world, including the United States, and especially in California.
- 2) California is home to nearly six million Asian and Pacific Islander Americans of Bangladeshi, Cambodian, Chinese, Filipino, Hmong, Indian, Indonesian, IuMien, Japanese, Korean, Laotian, Malaysian, Pakistani, Sri Lankan, Taiwanese, and Vietnamese descent.
- 3) The Asian and Pacific Islander American community has contributed to the social, cultural, civic, economic, and academic success of the state.
- 4) The Lunar New Year is predominantly celebrated by over 2.5 million Chinese, Korean, and Vietnamese residents of California.
- 5) This Lunar New Year is the Year of the Pig and is universally celebrated by these communities as a time to renew family ties and start the new year with a clean slate.
- 6) The celebration of the Lunar New Year in communities throughout California illustrates the state's rich cultural history and commitment to racial, religious, and cultural diversity.

**FISCAL EFFECT:** None

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

**Analysis Prepared by:** Nicole Willis / RLS. / (916) 319-2800

**House Resolution**

**No. 9**

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**Introduced by Assembly Member Smith**

January 24, 2019

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House Resolution No. 9—Relative to Wear Red Day.

1 WHEREAS, Cardiovascular diseases are the number one killer  
2 of women in the United States; and

3 WHEREAS, Cardiovascular diseases and stroke kill one woman  
4 every 80 seconds in the United States; and

5 WHEREAS, About 80 percent of cardiovascular diseases may  
6 be prevented; and

7 WHEREAS, Risk factors for heart disease, such as blood  
8 pressure, smoking, and cholesterol can be controlled; and

9 WHEREAS, Women are encouraged to commit to making  
10 physical activity and healthy eating a priority to improve their  
11 heart health; and

12 WHEREAS, The American Heart Association’s Go Red For  
13 Women movement motivates women to learn their family history,  
14 and to meet with a healthcare provider to determine their risk for  
15 cardiovascular diseases and stroke; and

16 WHEREAS, The Go Red For Women movement encourages  
17 women to take charge of their heart health by becoming familiar  
18 with their total cholesterol, high-density lipoprotein cholesterol,  
19 blood pressure, blood sugar, and body mass index; now, therefore,  
20 be it

21 *Resolved by the Assembly of the State of California,* That the  
22 Assembly recognizes the month of February 2019 as American  
23 Heart Month in California in order to raise awareness of the

1 importance of the ongoing fight against heart disease and stroke;  
2 and be it further

3 *Resolved*, That the Assembly recognizes February 1, 2019, as  
4 Wear Red Day in California, and urges all citizens to show their  
5 support for women and the fight against heart disease by  
6 commemorating this day by wearing the color red. By increasing  
7 awareness, speaking up about heart disease, and empowering  
8 women to reduce their risk for cardiovascular disease, we can save  
9 thousands of lives each year; and be it further

10 *Resolved*, That the Chief Clerk of the Assembly transmit copies  
11 this resolution to the author for appropriate distribution.

O

Date of Hearing: January 28, 2019

ASSEMBLY COMMITTEE ON RULES  
Ken Cooley, Chair  
HR 9 (Smith) – As Introduced January 24, 2019

**SUBJECT:** Wear Red Day.

**SUMMARY:** Recognizes the month of February 2019 as American Heart Month in California and also recognizes February 1, 2019, as Wear Red Day in California and, urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. Specifically, **this resolution** makes the following legislative findings:

- 1) Cardiovascular diseases are the number one killer of women in the United States.
- 2) Cardiovascular diseases and stroke kill one woman every 80 seconds; of which about 80 percent of these diseases may be prevented.
- 3) Risk factors for heart disease, such as blood pressure, smoking, and cholesterol can be controlled.
- 4) Women are encouraged to commit to making physical activity and healthy eating a priority to improve their heart health.
- 5) The American Heart Association's Go Red for Women movement motivates women to learn their family history, and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke.
- 6) The Go Red for Women movement encourages women to take charge of their heart health by becoming familiar with their total cholesterol, high-density lipoprotein cholesterol, blood pressure, blood sugar, and body mass index.

**FISCAL EFFECT:** None

**REGISTERED SUPPORT / OPPOSITION:**

**Support**

None on file

**Opposition**

None on file

**Analysis Prepared by:** Nicole Willis / RLS. / (916) 319-2800